MATERIAL LIST: Quilting from the Right Side of the Brain with Jan Rowe

What to bring

**Sewing machine** – cords and all feet and manual (you must be confident with this machine)

Machine Needles – Microtex or denim (must be sharp and strong)

Batting – ½ metre or 2 or 3 pieces A3 size

Backing - ½ metre or 2 or 3 pieces A3 size

**Background** – ½ metre or 2 or 3 pieces A3 size (Plain or mottled neutral – black, navy, burgundy, dark purple, ecru etc.)

Vliesofix, iron on fabric adhesive, scraps or A4 size

Iron on Vilene – dressmaking stabiliser (light or medium weight) ½ metre

Threads – General purpose or embroidery to match background

- Bobbin thread to match backing plus 1 spare empty bobbin
- Monofilament smoke and Monofilament clear
- Machine embroidery threads light, medium, dark from 2 or 3 colour families

Scissors – paper, fabric and sharp pointed embroidery

Pins and sewing needles

Fabric marker – disappearing or Frixion pen

Black Sharpie pen – fine or medium point

Glue stick for paper

Notebook, pen, pencil

Digital camera and/or door peephole (useful but not essential)

## What is provided

Workshop Resource Pack Jan will provide you with all the extra fabrics and yarns you will need for the day with some to take home. It will include:

A Teaser Pack with a variety of fancy yarns and fabrics (Colour coordinated)

**Useable samples** of -Discharge dyed fabric, Sun Dyed fabric, Dyed gauze, Dyed Batting, Painted Vliesofix

**Access** to a wide assorted, variety of recycled fabric with interesting colours and textures and **Interesting items** from the "Bibs and Bobs" Basket